





EDITORIAL

Accessibility is an important priority for the Principality of Monaco. Every year, efforts are made to improve access and create new infrastructures.

Disability - whether temporary or permanent - should never be an obstacle to travel, and that is why all of the different stakeholders concerned have adopted solutions to make your stay easier.

As a Sustainable Destination, Monaco actively works to promote inclusive tourism for all.

This brochure contains information to help you prepare your visit to the Principality.

You may also wish to consult the Monaco Government Tourist & Convention Authority's other brochures, and the "<u>Accessibility Plan</u> for Persons with Reduced Mobility" published by the Department of <u>Urban Amenities</u>.

If you have any questions or would like more information, please don't hesitate to contact us. We wish you a pleasant stay in Monaco.

Guy ANTOGNELLI Director MONACO GOVERNMENT TOURIST & CONVENTION AUTHORITY













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GETTING TO MONACO

BY PLANE

Nice-Côte d'Azur International Airport links the Principality of Monaco with over 100 destinations worldwide.

Nice Côte d'Azur Airport also provides special assistance for passengers with reduced mobility, in line with European regulations.

To obtain assistance, you are advised to inform the airline and travel agency handling your journey at least 48 hours before departure. Then, on arriving at the airport, you should make yourself known using the special assistance call kiosks outside the airport, at the information desk, or directly at your airline's check-in desk).

You should attend the call kiosk two hours before your flight is due to take off. Punctuality targets can be consulted at: The special assistance call kiosks are easily accessible.

They are equipped with a detection system and are connected to the assistance service, which will come to collect you and escort you to boarding.

Disabled spaces are available in all airport car parks. Persons with reduced mobility are invited to use the nearest car parks, or to have someone drop them off in the Kiss and Fly area.

The free shuttles that operate between Terminals 1 and 2 are equipped with audio announcements and a telescopic ramp, allowing wheelchair users to board without assistance.

For the hearing-impaired, the call centres offer simultaneous written or visual translation for all verbal or audio information concerning them. Nice Côte d'Azur airport also has an interpreting service using touchscreen tablets available from the information desks.

The staff at Nice Côte d'Azur airport receive regularly training in providing assistance to disabled persons and those with reduced mobility. You can approach them to ask for practical information or to request assistance.

The airport also has toilet facilities adapted for disabled users.

www.nice.aeroport.fr

www.nice.aeroport. fr/Passagers/INFOS-PRATIQUES-FORMALITES/ Assistance-Voyageurs/ Passagers-a-mobilite-reduite

BY BUS

The 110 Express shuttle service is accessible for persons with disabilities or reduced mobility.

For optimum assistance, you should contact the service on the day before you are due to depart, giving the name of your stop and the time.

> Customer hotline: 08 09 40 00 13 Email: transports06@maregionsud.fr

BY TAXI

For the best possible service and to ensure you get a suitable vehicle, you are advised to state your requirements (low car, large boot, etc.) when you place your order.

For easy booking, download the Taxi Monaco app from Google Play or the App Store.

> Tel.: (+377) 93 15 01 01 (24/7) www.taximonaco.com

BY TRAIN

"Accès Plus" services allow users to book special assistance free of charge at the departure or arrival station. It is recommended to book at least 48 hours prior to departure.

On the day of your departure, go to the desk for persons with reduced mobility in the main railway stations at least 30 minutes before your scheduled departure time. A member of staff will accompany you and seat you on board.

A list of stations offering the "Accès Plus" service can be found at:

www.accessibilite.sncf.com. Click on "Informations et services", and then "Accessibilité gare par gare" (content in French). Tel.: 36 35 Online www.oui.sncf.fr (to access the "Accès Plus" booking form). At ticket offices and in SNCF stores.

BY HELICOPTER (HELIAIR & MONACAIR)

There are two companies operating helicopter transfer between Nice-Côte d'Azur airport and the Principality, for passengers arriving in Nice on scheduled flights.

HéliAir

In-flight assistance is available for persons with reduced mobility. You are advised to inform the operator of your situation when booking.

> Tel. (+377) 92 05 00 50 Email: booking@heliairmonaco.com

Monacair

The staff will keep the heliport fire service informed during boarding, to facilitate access for you.

Booking process: provide information about the person's disability and their weight.

Tel.: (+377) 97 97 39 00 Email: info@monacair.mc

GETTING AROUND IN THE PRINCIPALITY

PUBLIC TRANSPORT

All of the buses operating in the Principality are accessible for persons with reduced mobility and disabilities.

The Monegasque public bus services are equipped with wheelchair access ramps. All of the lines operated in the Principality are accessible for persons with reduced mobility and disabilities. Most buses can be lowered to allow persons with reduced mobility to board and alight more easily.

Buses operated by C.A.M. (Monaco's public bus company) also have audio announcements informing passengers of the next stop. Visually-impaired persons may obtain a remote control from the Department of Health Affairs enabling them to activate audio voice announcements on bus stop screens.

There are reserved seats for holders of the "station debout pénible" card (for persons who have difficulty standing). The C.A.M encourages passengers to give up their seats for disabled or elderly persons, pregnant women, and adults accompanied by young children.

Similarly, bus stops in the Principality are being gradually adapted for easier wheelchair access.

The C.A.M.'s real-time Monaco Bus app

is also available from the App Store et Google Play, to make travelling by bus more simple.

WATER BUS

The water bus is an original way to cross the port of Monaco, running between the Monaco-Ville and Monte-Carlo districts with easy access via public elevators.

The water bus is accessible for wheelchair users and persons with reduced mobility.

Tel.: (+377) 92 16 15 15 monaco-navigation.com

ACCESSIBLE VEHICLES, VANS, AND TAXIS

Monaco taxis operate vehicles adapted to carry wheelchair users and persons with reduced mobility. You are advised to make your requirements known when booking (low car, large boot, etc.).

> The taxi operator can be contacted 24/7. Tel.: (+377) 93 15 01 01

The company A.T.A Monaco Mobilités specialises in transportation for persons with reduced mobility and offers specific services.

Tel.: (+377) 97 98 01 30 Email: info@monaco-mobilites.mc monaco-mobilites.wixsite.com/accueil

PARKING

Monaco has 46 public car parks and 181 spaces for persons with reduced mobility (these spaces can be found in most of the Principality's car parks.

www.monaco-parkings.mc

1111

MONTE CARLO BAY HOTEL MÉTROPOLE MONTE-CARLO

THE PORT

WHERE TO STAY

.............





HÔTEL DE PARIS 5*

At the heart of the action on the Place du Casino, the iconic Hôtel de Paris Monte-Carlo has five rooms and suites accessible for persons with reduced mobility.

All of the public areas, restaurants, spas, elevators, and toilets are also adapted to ensure easy access for all.

> Place du Casino - 98000 Monaco Tel.: (+377) 98 06 86 82 www.hoteldeparismontecarlo.com

MÉTROPOLE MONTE-CARLO 5*

In the middle of the Carré d'Or, the Hôtel Métropole Monte-Carlo offers luxury facilities and special services for persons with reduced mobility.

Access to the various restaurants is adapted for disabled guests. The Yoshi Restaurant is accessible via a ramp that can be installed upon request.

The rooms, the Spa Métropole by Givenchy and Odyssey have elevators allowing wheelchair access.

The bathrooms of certain suites also have specially adapted ramps available on request.

The hotel is pleased to accommodate any special requests made upon booking for guests with disabilities (rental and installation of medicalised beds, wheelchairs, walkers, etc).

4, avenue de la Madone - BP 19 98007 Monaco Cedex Tel.: (+377) 93 15 15 15 www.metropole.com



HÔTEL HERMITAGE 5*

The hotel has disabled access at each of the main entrances, and accessible lavatories in the Costa wing (unisex) and next to the Eiffel room (ladies and gentlemen's lavatories).

All rooms at the Hôtel Hermitage are accessible, and the hotel provides guests with the rooms most suited to their disabilities.

Two new rooms that meet all of the standards for persons of reduced mobility have recently been added.

Square Beaumarchais Tel.: (+377) 98 06 40 00 www.hotelhermitagemontecarlo.com



MONTE-CARLO BEACH 5*

The recently refurbished hotel has retained all of its 1930s cachet. The Monte-Carlo Beach is fully accessible (inside and outside) for persons with reduced mobility.

Two rooms are equipped for persons with reduced mobility.

A beach cabin and premium tent have been specially designed to accommodate wheelchairs.

The Monte-Carlo Beach is aiming to obtain "Tourisme & Handicap" certification.

avenue Princesse Grace 06190 Roquebrune-Cap-Martin Tel.: (+377) 98 06 36 36 www.monte-carlo-beach.com

HÔTEL MERIDIEN BEACH PI A7A 4*

The only hotel in the Principality with its own private beach, the Méridien Beach Plaza has 397 rooms offering unrivalled levels of comfort.

The hotel meets the needs of persons with reduced mobility and has numerous elevators allowing access to its beach, the congress centre and various parts of the hotel, and rooms that can be adapted to suit quests' requirements.

22. avenue Princesse Grace -98000 Monaco Tel.: (+377) 93 30 98 80 www.lemeridienmonte-carlo.com

MONTE-CARLO BAY HOTEL & RESORT 4*

A stunning resort with contemporary architecture, built on a peninsula of two hectares of gardens, the hotel has 332 rooms, including 21 suites and one double suite.

The Monte-Carlo Bay Hotel & Resort meets the various requirements for access for disabled persons.

The inside car park has several spaces reserved for persons with disabilities.

The interior of the hotel is fully accessible for disabled persons and all floors can be accessed by elevators with appropriate signals and signs (audible signal to indicate door opening, braille signage in the cab itself).

The hotel has rooms equipped and laid out to applicable standards.

The interior and exterior leisure areas are also accessible for disabled persons.

> 40, avenue Princesse Grace -98000 Monaco Tel.: (+377) 98 06 02 00 www.montecarlobay.com



FAIRMONT MONTE-CARLO 4*

Like a luxury cruise ship, the Fairmont Monte-Carlo almost appears to have emerged from the Mediterranean waters.

Its unique architecture was designed to ensure that all parts of the building are accessible for guests with reduced mobility (with the exception of the entrance to the 7th floor).

The main entrance has an elevator with disabled access, while all of the restaurants, rooms, and the swimming pool can be accessed directly or via ramps. The spa has a lounge with wheelchair access.

12, avenue des Spélugues - 98000 Monaco Tel.: (+377) 93 50 65 00 www.fairmont.com/montecarlo.com

NOVOTEL MONTE-CARLO 3*

Located just a short distance from the Place du Casino and the railway station, the Novotel Monte-Carlo's bar, restaurant, and gardens are accessible for persons with reduced mobility.

Six rooms are specially equipped to accommodate persons with reduced mobility.

The conference rooms are also accessible via the hotel's elevator.

16, boulevard Princesse Charlotte - 98000 Monaco Tel.: (+377) 99 99 83 00 www.novotel.com/fr/hotel-5275-novotel-monte-carlo

HÔTEL COLUMBUS MONTE-CARLO 3*

Located in the Fontvieille district, the Hôtel Columbus stands opposite the Princess Grace Rose Garden.

The reception and lobby can be accessed via a staircase, with an elevator for persons with reduced mobility.

The restaurant is accessible by means of a ramp that can be installed upon request.

The hotel rooms and conference rooms are accessible by elevator.

Nine suites have wide bathroom access, and bath seats are available for bathtubs and showers on request.

The showers of the suites on the 9th floor are accessible to persons using walkers.

23, avenue des Papalins - 98000 Monaco Tel.: (+377) 92 05 90 00 www.columbushotels.com





LES THERMES MARINS MONTE-CARLO

The Thermes Marins Monte-Carlo offer personalised spa treatments for a deep sense of well-being.

Guests may choose from a menu that includes hydrotherapy, manual relaxation, and technology-based treatments combining both traditional and ultra-modern techniques.

Level -2 of the establishment has been adapted to ensure it is fully accessible for persons with reduced mobility, with ramp access to the swimming pool, showers, changing rooms, and lavatories.

There are lavatories for persons with reduced mobility on level -3.

The pavements outside the establishment have been adapted and a wooden ramp provides access to the hydrotherapy treatment area and hair salon.

The building itself can be accessed by elevator. All floors of the establishment are then easily accessible.

2, avenue de Monte-Carlo - 98000 Monaco Tel.: (+377) 98 06 69 00 www.fr.thermesmarinsmontecarlo.com

For full details of local hotel and restaurant facilities:

www.visitmonaco.com

PLACES OF INTEREST

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ACCESSIBLE OFFICE OF TOURISM

A gently sloping ramp allows access to the Reception Desk of the Office of Tourism at 2a, Boulevard des Moulins.

The Office located in Monaco's railway station has a specially adapted reception desk.

The various information points located around the city are also accessible.

Monaco Office of Tourism 2a, boulevard des Moulins - 98000 Monaco Tel.: (+377) 92 16 61 16 www.visitmonaco.com

DESTINATION MANAGEMENT COMPANIES

Destination management companies in the Principality can arrange specially adapted tours and stays on request.

Depending on the person's level of disability, walking tours can be organised using public elevators where possible, or alternatively visits using specially adapted vehicles.

> Information is available from the Tourist Authority: Tel.: (+377) 92 16 61 16

MONACO LE GRAND TOUR BUSES

All of the "Monaco le Grand Tour - Hop on Hop off" buses are adapted to accommodate persons with reduced mobility. A removable access ramp allows access for wheelchair users.

There is a dedicated wheelchair space with floor-mounted systems to secure the wheelchair in place, and two seats reserved for persons with reduced mobility (who have priority).

MONACO TRACKLESS TRAIN - MONACO TOURS

One of the vehicles in the fleet is specially adapted. It can be accessed on request.

For information, visit the ticket office opposite the Oceanographic Museum.

Avenue Saint Marrtin - 98000 Monaco <u>www.monacotours.mc</u>

EXOTIC GARDEN AND OBSERVATORY CAVE (CLOSED FROM 2021 TO 2023)

This open-air garden overlooking the Mediterranean has been home to the rarest species of exotic plants, cacti, and other succulents for over 80 years.

Owing to its topography, the only areas of the Exotic Garden accessible for wheelchair users are the plateau at the entrance and the exhibition hall.

The stunning panoramic views over the Principality and the Riviera are accessible to all.

Access for wheelchair users and persons accompanying them is free of charge. Persons with disabilities qualify for a reduced rate upon presentation of their disability card. Pushchairs are not permitted in the garden (they may be parked at the entrance).

For information, the admission ticket gives access to the Exotic Garden, the Observatory Cave, and the Museum of Prehistoric Anthropology (access is difficult, with numerous steps and a narrow passageway).



MUSEUM OF PREHISTORIC ANTHROPOLOGY

Located in the middle of the Exotic Garden (visitor access is via the Exotic Garden or the Nouveau Musée National de Monaco), the Museum of Prehistoric Anthropology is not yet accessible for wheelchair users or pushchairs, as all access routes include steps. Plans are being drawn up to create a direct access for persons with reduced mobility.

The ticket for the Exotic Garden includes admission to the Museum of Prehistoric Anthropology.

It is also possible to purchase a combined ticket with admission to the Nouveau Musée National de Monaco.

Museum of Prehistoric Anthropology 56, boulevard du Jardin Exotique - 98000 Monaco Tel.: (+377) 98 98 80 06 www.map-mc.org

NOUVEAU MUSÉE NATIONAL DE MONACO VILLA SAUBER / VILLA PALOMA

The Nouveau Musée National de Monaco showcases the heritage of the Principality of Monaco and displays contemporary art and creation with temporary exhibitions at its two venues, the Villa Paloma and the Villa Sauber.

The Villa Paloma is fully accessible and has an elevator allowing access to the second part of the garden, which is on a slightly lower level.

Access to the Villa Sauber is by a flight of steps, and the building is not yet accessible to wheelchair users or persons with severe motor disabilities.

Visitors with disabilities may visit the museum free of charge.

Nouveau Musée National de Monaco Villa Paloma 56, boulevard du Jardin Exotique - 98000 Monaco Tel.: (+377) 98 98 48 60 Villa Sauber 17, avenue Princesse Grace - 98000 Monaco Tel.: (+377) 98 98 91 26 www.nmm.mc







OCEANOGRAPHIC MUSEUM OF MONACO

Built on the very edge of the Rock of Monaco itself, the Oceanographic Museum was founded by Prince Albert I in 1910.

The Museum was originally dedicated to Art and Science. Today, it houses more than 6,000 specimens of fish. The Museum also has a shark lagoon and an open-air area with sea turtles, including a treatment centre, and is open all year round, hosting temporary exhibitions and a variety of special events.

Persons with reduced mobility are able to access the Museum by the outside cash desks.

Some parts of the Museum, including level -1, are difficult to access for wheelchair users (and those with pushchairs), but most areas are accessible and an enjoyable visit is certainly possible.

The Museum welcomes guide dogs accompanying persons with visual impairments.

Oceanographic Museum of Monaco Avenue Saint-Martin - 98000 Monaco Tel.: (+377) 93 15 36 00 www.oceano.org

CARS COLLECTION OF H.S.H. THE PRINCE OF MONACO

Located on the Terrasses de Fontvieille, the 5,000m² exhibition includes around a hundred vehicles once owned by Prince Rainier III, a keen classic car enthusiast.

The Cars Collection is accessible for persons with reduced mobility and disabled persons. Suitably adapted lavatories and elevators are available.

Reduced rate or free admission.

Monaco Top Cars Collection Les Terrasses de Fontvieille - 98000 Monaco Tel.: (+377) 92 05 28 56 www.mtcc.mc



MUSEUM OF STAMPS AND COINS

The Rainier III of Monaco Museum is home to the Prince's stamp and coin collections.

Visitors can see rare stamps from the history of Monaco, fascinating coins, medals, and banknotes.

The museum is fully accessible.

Musée des Timbres et des Monnaies 11, Terrasses de Fontvieille - 98000 Monaco N° : (+377) 98 98 41 50 www.mtm-monaco.mc



NAVAL MUSEUM

Founded in 1993, the Naval Museum of Monaco is a veritable maritime encyclopaedia with an exceptional collection of over 250 model boats, paintings, and marine objects, from antiquity to the present day, along with a number of old models loaned from the magnificent personal collection of H.S.H. Prince Rainier III of Monaco.

Among the more remarkable pieces are a funeral barge found in an Egyptian tomb, ancient Greek and Roman ships, and ocean liners such as "Titanic" and "France". There are also models of training ships such as the "Amerigo Vespucci" and "Belem", along with warships from the "Jeanne d'Arc" to the battleship "Missouri" and impressive aircraft carriers such as the "Nimitz", which measures 5 m in length, and numerous submarines of different nationalities. Visitors can also discover a mine and sinker, and a "Maiale" manned torpedo from the Second World War.

The Museum is accessible to wheelchair users via the exit, on request.

Musée Naval Terrasses de Fontvieille - 98000 Monaco Tel.: (+377) 92 05 28 48



STADE LOUIS II

The Stade Louis II sports complex is accessible to wheelchair users and persons with reduced mobility.

The omnisports stadium (athletics, football, Etc.), omnisports hall, and aquatic centre have elevator access, and specially adapted seating and lavatories for spectators.

The vast majority of the complex is also accessible for users. The Stade Louis II's swimming pool has a specially adapted changing room.

Guided tours of the sports complex are organised every year, from April to October. An itinerary is available for persons with reduced mobility and wheelchair users.

There is no wheelchair access to the AS Monaco Football Club dressing rooms.

Stade Louis II de Monaco 7 avenue des Castelans 98000 Monaco Cedex Tel.: (+377) 92 05 40 10 www.stadelouis2.mc

ZOOLOGICAL GARDENS

The Zoological Gardens were founded by H.S.H. Prince Rainier III in 1954. They are home to almost 250 animals of around fifty different species, housed in exemplary conditions.

The Zoological Gardens are built on the edge of the Rock of Monaco (with small slopes and rises), but are entirely accessible to wheelchair users.

> Zoological Gardens Place du Canton, 98000 Monaco Tel.: (+377) 93 50 40 30







CATHEDRAL

Monaco Cathedral was built in The Chapelle de la Visitation 1875 in the Romano-Byzantine houses Barbara Piaseckastyle, from white stone guarried Johnson's 17th century religious in La Turbie. It houses the tombs art collection. of Monaco's Princes

visitors with reduced mobility via steps at the entrance. the Saint Jean-Paul II entrance on the side of the building.

> 4, rue Colonel Bellando de Castro 98000 Monaco www.cathedrale.mc CASINO DF

CHURCH OF SAINT DEVOTA

Family.

The church is accessible to The building has an elevator for building.

1. Rue Sainte Dévote

PRINCE'S PALACE

The Prince's Palace of Monaco is a private residence, although the State Apartments are open to "AU CŒUR DE MA VILLE" visitors for part of the year. The State Apartments are accessed by staircases, and are not accessible to wheelchair users.

> Place du Palais - 98000 Monaco www.palais.mc disability.

CHAPELLE DE LA VISITATION

The chapel can be accessed The cathedral is accessible to with assistance, as there as small

> Place de la Visitation - 98000 Monaco Tel.: (+377) 93 50 07 00

MONTE-CARLO

Built in 1863 by Charles Garnier, The Church of Saint Devota is who designed the Opéra de dedicated to the Patron Saint of Paris, the Casino de Montethe Principality and the Princely Carlo also houses the Opéra de Monte-Carlo

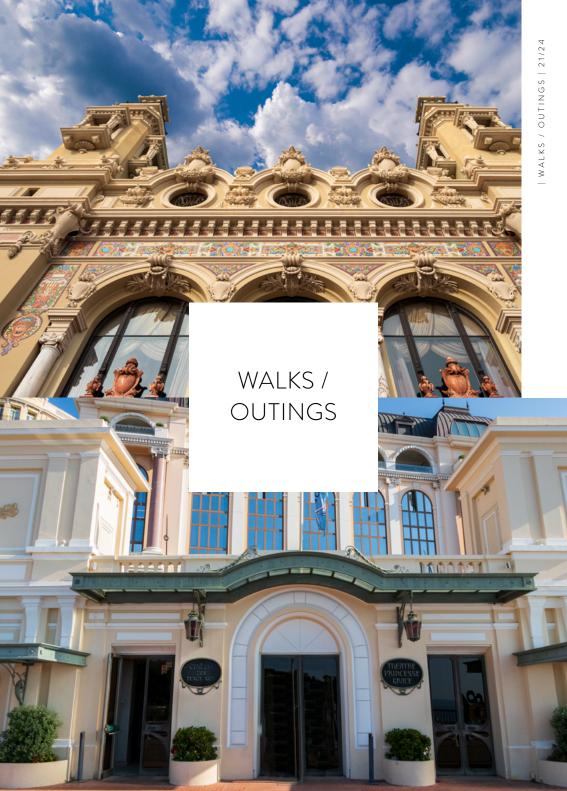
persons with reduced mobility persons with reduced mobility and wheelchair users via the at the main entrance on the entrance on the left side of the Place du Casino, which provides access to all of the gaming rooms.

> 98000 Monaco There are lavatories for persons with disabilities by the Buddha Bar.

> > Place du Casino - 98000 Monaco Tel.: (+377) 98 06 21 21

This association, whose name means "In the Heart of My City", specialises in walking tours of Monaco and can suggest appropriate itineraries Tel.: (+377) 93 25 18 31 depending on the nature of your

> Tel.: (+33) (0)6 30 12 57 03 www.monaco-rando.com





LARVOTTO BEACH

For over ten years, Larvotto beach has had a "Handiplage" area, created with the help of the association Soroptimist. The site welcomes people with disabilities and reduced mobility, enabling them to make the most of the sand and sea.

A team of assistants is onhand to offer support where needed.

Tiralo beach chairs are available.

GRIMALDI FORUM MONACO

The Grimaldi Forum Monaco is the Principality's Congress and Cultural Centre Centre, an important player on the events scene with ISO 14001 certification for its commitment to sustainable development. With excellence in its DNA, the venue hosts around a hundred events and over 250,000 visitors every year and has been awarded the "Monaco Welcome" label.

For persons with reduced mobility, elevators allow direct access from the car park situated under the Grimaldi Forum, to the exterior esplanade and the main entrance (the "Grande Verrière") via a gently sloping ramp. All of the public areas can then be accessed by means of elevators serving all floors of the building. These elevators are equipped with the following:

- Embossed buttons for the visually-impaired
- Lowered control panel.

The public lavatories include toilets adapted for persons with reduced mobility.

Certain rows in the seating area of the three auditoriums are accessible. In order to be accommodated in the best possible conditions, persons with reduced mobility should make themselves known to the ticket office staff when booking.

> 10, avenue Princesse Grace 98000 Monaco Tel.: (+377) 99 99 20 00 www.grimaldiforum.com



ESPACE LÉO FERRÉ

The Espace Léo Ferré enjoys a reputation as one of the Principality's most important cultural venues. The hall is accessible for with persons reduced mobility, in any configuration. Entrance is via the elevator from the Fontvieille shopping centre, and then the Bar area. For seated events. places are reserved for wheelchair users with seats immediately behind them for the persons accompanying them.

For "standing" events, platforms are installed to ensure spectators do not miss anything.

Les Terrasses de Fontvieille 25, avenue Albert II - 98000 Monaco Tel.: (+377) 93 10 12 10 www.espaceleoferre.mc

OPÉRA GARNIER

There are three reserved places for persons with reduced mobility in the Opéra Garnier auditorium (opera, ballet, concerts, etc.).

The entrance hall can be accessed by means of an elevator on the right-hand side of the building. Once in the Casino, everything is on one level.

Lavatories adapted for persons with reduced mobility can be found inside the Casino (in the Gaming area).

> Casino de Monte-Carlo 98000 Monaco Tel.: (+377) 98 06 28 28

RAINIER III AUDITORIUM

Located below the famous Grand Prix tunnel, the Rainier III Auditorium serves as the headquarters of the Monte-Carlo Philharmonic Orchestra, which also performs there. The Auditorium is accessible.

Auditorium Rainier III Boulevard Louis II - 98000 Monaco Tel.: (+377) 93 10 84 00

THÉÂTRE DES VARIÉTÉS

The Théâtre des Variétés hosts numerous cultural events in the fields of theatre, dance, music and cinema, as well as conferences, meetings and symposiums. The auditorium is accessible.

Théâtre des Variétés 1, boulevard Albert 1ª -98000 Monaco Tel.: (+377) 93 25 67 83

THÉÂTRE DES MUSES

The Théâtre des Muses with its one hundred red seats is a very welcoming venue.

It is accessible for persons with reduced mobility and wheelchair users on request (please mention your requirements when booking).

45, Boulevard du Jardin Exotique 98000 Monaco Tel.: (+377) 97 98 10 93 www.letheatredesmuses.com



THÉÂTRE PRINCESSE GRACE

The theatre is accessible for persons with reduced mobility. The auditorium is accessed by means of three elevators, one of which has an increased capacity.

The back row of the auditorium has been adapted to accommodate wheelchairs (please mention your requirements when booking). A parking space may also be requested when booking.

The mezzanine is not accessible. Specially adapted lavatories are also available.

Théâtre Princesse Grace 12, avenue d'Ostende 98000 Monaco Tel.: (+377) 93 25 32 27 www.tpgmonaco.mc

STADE NAUTIQUE RAINIER III AND ST CHARLES SWIMMING POOL

Both municipal swimming pools (one outdoor, one indoor) have special facilities for persons with reduced mobility:

- Specially adapted changing rooms with large toilets and showers, adapted washbasins and sliding hairdryers that can be used easily by all.

- Systems enabling persons with reduced mobility to enter the water (a mobile system at the Stade Nautique Rainier III and a fixed system at the St Charles Swimming Pool). These can be easily operated by those accompanying persons with reduced mobility, or by members of staff.

For persons with reduced mobility who arrive by car, the Saint-Charles Swimming Pool can be accessed directly via the elevator in the car park.

Route de la Piscine - 98000 Monaco Tel: (+377) 93 30 64 83 www.mairie.mc/poles/sports-et-loisirs/loisirs/stadenautique-rainier-iii www.mairie.mc/poles/sports-et-loisirs/loisirs/ piscinesaint-charles



GARDENS

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PRINCESS ANTOINETTE PARK

Planted with olive trees, Princess Antoinette Park has become a popular play area for young children (playground equipment, swings, sandpits) and teenagers (omnisports field, two badminton and football-tennis courts, ping-pong tables, etc.).

There is a large saucershaped swing for all youngsters. It is suitable for children with disabilities.

The swing is intended for children aged 2 years and over, no taller than 1.55 m.

All areas of Princess Antoinette Park are accessible for persons with reduced mobility.

Almost all of the floor area has been replaced with asphalt or similar surfaces. Only the minigolf is not accessible..

54, boulevard du Jardin Exotique 98000 Monaco Tel.: (+377) 93 15 06 02 www.mairie.mc/poles/ animations/les-autresanimations/ le-parcprincesse-antoinette FONTVIEILLE LANDSCAPED PARK AND PRINCESS GRACE ROSE GARDEN

The Princess Grace Rose Garden was created in 1984, at the initiative of H.S.H. Prince Rainier III wished to create a memorial to his wife, the late Princess Grace, who had a great love of flowers.

To mark its 30th anniversary, the Rose Garden was expanded to cover 5,000 m², with 8,000 rose plants representing around 300 different varieties.

The Rose Garden has three priorities:

- Lanscaping:

The garden has been enlarged and opened up, the lawns removed, and a 50 m long water feature created.

- Ecology: the garden's creation and maintenance is intended to be as environmentally friendly as possible. It has been awarded the "Ecological Plant Space (EVE) label by the international body "Ecocert Environnement".

- Education: the garden is divided into eight areas with different themes, showcasing the history of roses, their links with the Princely Family and personalities, landscape roses in urban settings, and new varieties that have marked the development of modern roses through their beauty and strong fragrance.

The Rose Garden, the area around the pond, and the landscaped paths are accessible to wheelchair users and persons with reduced mobility.

The slopes are gentle.

The garden has specially adapted lavatories.

avenue des Papalins - 98000 Monaco <u>www.roseraie.mc</u>



SAINT-MARTIN GARDENS

This green space was the first garden in the Principality to open to the public. In 1816, having already been through the ordeal of the Revolution and the Empire, the people of Monaco were faced with famine.

Prince Honoré V (1778 – 1841) decided to create work for them, by building the first public garden on an abandoned piece of land by the south-east wall of the Rock.

Between 1983 and 1986, the gardens were redeveloped by the Prince's Government.

They are now planted with numerous Mediterranean and European species, as well subtropical varieties that can be grown in the Principality thanks to the mild local climate.

This space is an important part of the open-air museum formed by the Principality's numerous gardens, and a preferred site for the sustainable management of green spaces.

It is one of the first gardens to be maintained using more environmentallyfriendly methods.

The Saint-Martin Gardens ("EVE" certified since 2019) can be accessed via the entrances opposite the Cathedral or on the concourse in front of the Oceanographic Museum.

Please note that some slopes are quite steep.

JAPANESE GARDEN

The definitive Japanese garden created in Europe is to be found beside the sea in Monaco. It is a landscaped garden with pavilions, a tea house, and various styles laid out around a lake.

According to the Japanese designer, Mr Beppu, the ensemble comprises the three fundamental elements of landscaped gardens: a flat surface (the central lake), a point (the waterfall), and a curved line (the meandering path).

A stunning green space at the foot of the city itself, the Japanese garden is a stylised recreation of nature in all its glory, with its mountain, hill, waterfall, beach, and stream.

Covering some 7,000 m², the Japanese garden follows the strictest principles of compactness and enclosure derived from Zen teaching. The garden has EVE ecological certification.

Much of it is accessible.

5, avenue Princesse Grace - 98000 Monaco www.isitmonaco.com/fr/lieu/parc-jardin/95/le-jardin-japonais

In addition to the information contained in this document, visitors may wish to refer to the <u>accessibility plan for persons</u> with reduced mobility published by the <u>Department of Urban Amenities</u>

SHOPPING



MÉTROPOLE SHOPPING CENTRE

There is easy access from the Shopping Centre car park, which has two spaces reserved for persons with reduced mobility. Elevators run between the car park level and the various floors of the Shopping Centre. Access from the street is via the elevators on Avenue de Grande Bretagne.

17, avenue des Spélugues 98000 Monaco Tel.: (+377) 92 16 77 01 metropoleshoppingmontecarlo.com

FONTVIEILLE SHOPPING CENTRE AND JARDINS D'APOLLINE / PROMENADE HONORÉ II

Fontvieille Shopping Centre is easily accessible. Public elevators provide easy access to the new shopping precinct in the Jardins d'Apolline / Promenade Honoré II.

Fontvieille Shopping Centre Monaco 27, avenue Albert II - 98000 Monaco Tel.: (+377) 92 05 57 00 <u>centre-commercial-fontvieille.com</u>

LA CONDAMINE DISTRICT - PLACE DU MARCHÉ

The Port district is a lively area with numerous shops. Rue Grimaldi and the pedestrian street (Rue Caroline) are shopping streets, but sloped. Caution is therefore recommended.

Inside the hall you will find fishmongers, butchers, bakers, delicatessens, and caterers selling local products, along with Monegasque and regional specialities.

Outside, there are fruit and vegetable stalls, flower stalls, and also bar and restaurant terraces.

Marché de la Condamine Place d'Armes - 98000 Monaco

ONE MONTE-CARLO

The One Monte-Carlo is a new outdoor shopping area with 24 luxury boutique: near the Place du Casino This ultra-modern new district is laid out around the Promenade Princes: Charlène, a new pedestriar thoroughfare.

1, place du Casino - 98000 Monaci montecarlosbm.com



SUGGESTED ITINERARIES

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These suggested itineraries are intended as city tours, allowing you to see all the essential places in the Principality of Monaco in just a few hours.

The routes have been chosen to allow persons with reduced mobility and disabilities maximum independence. Nonetheless, we recommend that you be accompanied by another person.





SUGGESTED ITINERARY NO. 1 -STARTING FROM THE EXOTIC GARDEN

Complete tour covering the main districts and centres of interest. The test tour was completed using an electric wheelchair.

• Exotic Garden: Tour of the accessible part of the garden (i.e. the first plateau). (closed from 2021 to 2023)

Admire the panoramic views from the plateau: Views of the Port, Roquebrune and Italy, Monaco-Ville, Fontvieille, and Cap d'Ail...

Take Bus no. 2 outside the **Exotic** Garden and alight at the terminus (*Le* Rocher – Monaco-Ville).

♦ Monaco-Ville : Head for the Place du Palais via one of the three streets.

N.B : the **Chapelle de la Miséricorde** (on Place de la Mairie) is accessible.

♦ Place du Palais and Changing of the Guard (the changing of the guard takes place daily at 11.55 am. Except in bad weather and on special days).

Admire the two **panoramic views** on either side of the Prince's Palace (one overlooking **Fontvieille**, the other **Port Hercule** and the **La Condamine district**, Monte-Carlo, Roquebrune, Menton, and Italy).

Head for the **Cathedral** via Rue du Colonel Bellando de Castro (*narrow pavement*).

♦ The **Cathedral** can be accessed via the Saint Paul entrance on the left-hand side of the building.

Continue along **Avenue Saint-Martin** until you reach the entrance to the gardens on the concourse of the **Oceanographic Museum** (take care as you may require assistance with some slopes).



Bus n°2 -Monaco Ville -Le Rocher stop



Monaco-Ville



Cathedral



Place du Palais



Exotic Garden





♦ Visit to the **Oceanographic Museum**: Disabled access is available on request, at the cash desks outside the Museum.

All parts of the Museum are accessible (although you may experience some difficulties when visiting level -1).

Exiting the **Oceanographic Museum**, continue along l'**Avenue Saint-Martin** and head up **Avenue des Pins** past the public lavatories.

Take the bus (no. 1 or no. 2) on place de la visitation and alight at the next stop: Place d'Armes.

♦ From Place d'Armes, head to Place du Canton via Boulevard Charles III and take the public elevators on the left down to the Fontvieille Shopping Centre or Place du Canton. ♦ Tour of Fontvieille and the Museums situated on level 2 B (situated in the Shopping Centre after the hair salon): Naval Museum, Cars Collection of H.S.H. the Prince of Monaco, Museum of Stamps and Zoological Garden.

♦ From the **Shopping Centre** head to the **Princess Grace Rose Garden** (by the street or by taking *bus n°* 6 du Centre Commercial from the Shopping Centre to the "Roseraie" stop).

Retake bus n° 6 towards **Larvotto** and alight at the "**Terrasses du Casino**".

Take Avenue de Monte-Carlo in direction of the Casino, Place du Casino.









Rose Garden

Fontvieille Shopping

Centre (Museums)





Bus n° 6 Bus stop: Terrasses du Casino



SUGGESTED ITINERARY 2 - STARTING FROM FONTVIEILLE

Visiting the districts of Fontvieille, La Condamine, and Monaco-Ville.

• For sports fans, the tour can start at the **Stade Louis II** (contact the stadium for details of tour times) and continue with the **Princess Grace Rose Garden**.

♦ Head to the 1st level of Fontvieille Shopping Centre for a tour of the numerous museums (Naval Museum, Museum of Stamps and Coins, Cars Collection of the Prince of Monaco, Zoological Gardens).

◆ The **district of La Condamine** (Port) is easily accessible via the elevators on the ground floor, at the back of the Fontvieille Shopping Centre mall.

• The **Place d'Armes** is a pleasant place to visit with its fruit and vegetable market in the morning and places to eat.

♦ Pass in front of the shops along the **Rue Grimaldi**, the pedestrian street (**Rue Caroline**) and **Port Hercule**.

Several bus lines (1, 2, 4, 6) stop at the Quay, affording easy access to the various districts of the Principality.

For more information, contact the Monaco Government Tourist and Convention No : (+377) 92 16 61 16

Princess Grace Rose Garden La Condamine District

Place d'Armes (market) Rue Grimaldi, Rue Caroline

Stade Louis II



Fontvieille Shopping Centre Naval Museum Museum of Stamps and Coins Cars Collection of the Prince of Monaco Zoological Gardens Port Hercule



PRACTICAL INFORMATION

MONEGASQUE ASSOCIATION OF MOTOR DISABILITIES - AMHM



Every year, the AMHM invites persons with reduced mobility to attend the Formula One Grand Prix.

They reserve a grandstand in the Monaco-Ville district exclusively for wheelchair users (pre-registration required).

The association also offers specially adapted apartments for rental by the week, for wheelchair users. They are located near Monaco (Cap d'Ail, Beausoleil).

Full details can be found on the website: www.amhm98.com or by contacting the association.

A.M.H.M. 9, rue Princesse Marie de Lorraine - 98000 Monaco Tel.: (+377) 93 50 71 00

MONACO GOVERNMENT TOURIST & CONVENTION AUTHORITY

For all information about the Destination, ask the staff at the Monaco Government Tourist and Convention Authority, or at the various information points around the city.

> Office of Tourism 2a, boulevard des Moulins 98030 MONACO Tel.: (+377) 92 16 6116 Email : <u>visitmonaco@gouv.mc</u>



EMERGENCY NUMBERS

EUROPEAN EMERGENCY NUMBER: 112 (FROM A MOBILE PHONE)

FIRE : 18 OR (+377) 93 30 19 45

POLICE : 17 ou (+377) 93 15 30 15

DUTY DOCTORS AND PHARMACIES: 116 117

PRINCESS GRACE HOSPITAL (C.H.P.G): (+377) 97 98 99 00

POISON CONTROL CENTRE IN MARSEILLE: (+33) (0)4 91 75 25 25

SPECIALLY ADAPATED LAVATORIES, PAVEMENTS, ELEVATORS.... PLAN AVAILABLE TO DOWNLOAD FROM:

www.service-public-particuliers.gouv.mc/Transports-et-mobilite/Acces-circulationet-stationnement/Personnes-a-mobilite-reduite/Plan-d-accessibilite-pour-lespersonnes-a-mobilite-reduite

LIST OF DEFIBRILLATORS:

SNCF railway station, salle des pas perdus

CS CONDAMINE

Avenue Princesse Grace, opp. police station

Boulevard du Jardin Exotique, square Lamarck - police station

SNCF railway station, Station hall - management office entrance

Avenue de la Madone, Casino police station

Boulevard Princesse Charlotte, corner avenue de la Madone

Boulevard des Moulins, corner of place des Moulins

Lacets Saint Léon, opp. Chateau Périgord

Quai Rainier III

Avenue Princesse Grace, Grimaldi Forum - opp. Houston Palace

Avenue des Spélugues, Sun Casino entrance

Avenue Princesse Alice, Square Beaumarchais

Boulevard Louis II, Rainier III Auditorium

Boulevard Louis II, disabled elevator

Place Sainte Dévote, bus stop

Quai des Etats-Unis, opp. hôtel Port Palace

SNCF railway station, Fontvieille exit Quai Albert 1^{er}, fitness centre side - top of steps

Place de la visitation, police station

Avenue Saint Martin, parking des pêcheurs car park - office of tourism

Place du Palais, statue de la mer

Place d'Armes, police station

Quai Jean Charles Rey

Avenue Albert II, Shopping Centre esplanade Fontvieille-by Morris column

Boulevard du Jardin Exotique, bus control station

The Monaco Government Tourist & Convention Authority and its partners hope you will find this information useful.

Please don't hesitate to ask one of our reception staff for more details.

Enjoy your visit, and we look forward to seeing you soon!

Office of Tourism 2a, boulevard des Moulins - 98030 Monaco Tel.: (+377) 92 16 61 16 or Monaco Government Tourist & Convention Authority 2, rue de la Lujerneta - 98000 Monaco

> visitmonaco@gouv.mc www.visitmonaco.com

Design: Monaco Government Tourist and Convention Authority

Photos: Ameller, A.M.H.M., BVergély, Cars Collection of H.S.H. the Prince de Monaco, Compagnie des Autobus de Monaco, DTronquoy, Fairmont Monte Carlo, Grimaldi Forum Monaco, Hotel Columbus Monte- Carlo, Hotel Metropole Monte Carlo, - Studio Phenix, Le Meridien Beach Plaza, Monte-Carlo Bay Hotel, Monte-Carlo Société des Bains de Mer, Monaco City Hall, Museum of Stamps and Coins, N.M.N.M., Novotel Monte-Carlo, Shopping Center Metropole, Shutterstock, S. Péroumal, D.R.

The Monaco Government Tourist and Convention Authority would like to thank the Public Car Parks Department, the Department of Urban Amenities, the Department of Forward Studies, Urban Planning and Mobility, the places of interest, the Association des Handicapés Moteurs de Monaco, Monaco City Hall, the shopping centres, hotels, and all of the tourism stakeholders in the Principality, for their invaluable cooperation in the production of this brochure.



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